



⌘ – Banting

✂ Proudly SA

♥ PF loves

√ vegetarian

S - super food

Breakfast is served from 7:30 till 12:00

Please note that changes to the menu is not advised and will change preparation time

Breakfast & Brunch

Food worth getting out of bed for

♥Petits fours signature breakfast

A generous wedge of grilled polenta topped with a million dollar creamy thyme and mushroom sauce - served with bacon, mushrooms & oven roasted cherry tomatoes on the side. R75

Add: one fried egg R8

✂Modern South African breakfast

A special South African breakfast with a pap, cheddar and corn cake, topped with wilted baby spinach, pan-fried mushrooms, tomato relish, crispy bacon bits, two fried eggs and grilled corn R86

British breakfast

Two fried eggs, two rashers of bacon, two beef sausages, pan fried mushrooms and a Mediterranean roasted tomato - served with two slices of white, brown, health or rye toast R75

Add: banting bread R8 per slice

Replace: beef sausages with pork bangers R10

A quicky

One fried egg, two rashers of bacon, a Mediterranean roasted tomato - served with one slice of white, brown, health or rye toast.

R45

Add: banting bread R8 per slice

Add: 2 beef sausages R 28

add: pork bangers R30

♥Holy Mole! Breakfast

a roasted tortilla topped with cheddar cheese, guacamole, tomato & bean salsa, two fried eggs & grilled chorizo - served with a sour cream dip on the side.

R80

♥Breakfast Burrito

Crispy toasted tortilla wrap filled with melted cheddar, spicy tomato salsa, mushrooms, corn, scrambled egg, grilled peppers and crispy bacon, served with a spicy Mexican salsa and Mexican crema

R85

Chilli con carne Breakfast Burrito

Crispy toasted tortilla wrap filled with melted cheddar, spicy tomato salsa, chilli con carne mince, mushrooms, grilled peppers and scrambled egg, served with a spicy Mexican salsa and Mexican crema

R85

Add bacon bits: R18

✂Where Brooklyn meets Blouberg Breakfast

two mini vetkoek-sloppy joe burgers topped with a delicious mince sauce, one fried egg and cheddar slices served with a small salad or French fries.

R80

Add: 1 fried egg. R8 Add: bacon Bits. R18

Double Swiss delight

Three ricotta and zucchini fritters served with avocado, smoked salmon, two poached eggs, Herb mayo and salad greens on the side.

R95

Eggs Benedict - in a traditional style

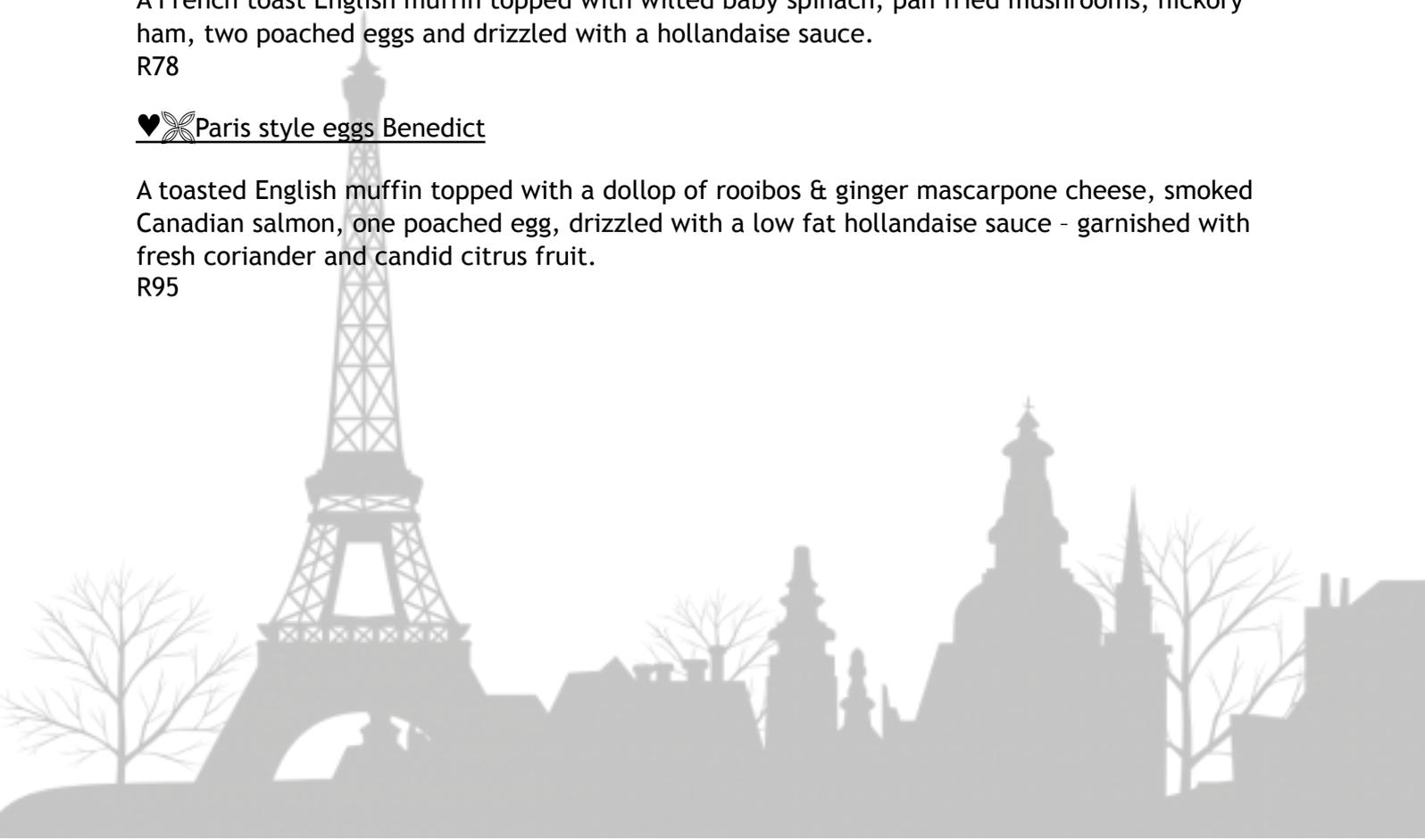
A French toast English muffin topped with wilted baby spinach, pan fried mushrooms, hickory ham, two poached eggs and drizzled with a hollandaise sauce.

R78

♥✂Paris style eggs Benedict

A toasted English muffin topped with a dollop of rooibos & ginger mascarpone cheese, smoked Canadian salmon, one poached egg, drizzled with a low fat hollandaise sauce - garnished with fresh coriander and candid citrus fruit.

R95



Filled croissant, scrambles Or Omelettes

Select your base

- Three free range egg omelette or two slices of toast
- Three free range egg scramble in a croissant or two slices of toast

Select your topping:

- Crispy bacon bits, pan fried mushrooms, grilled onions, oven roasted cherry tomatoes, cheddar cheese.
-Croissants or Omelette R86 -Scramble R78
- (V)Baby spinach, deep fried feta cheese, red onions, basil pesto, fresh cherry tomatoes & olives.
-Croissants or Omelette R80 -Scramble R74
- Smoked Canadian salmon, fresh baby herbs, chunky cottage cheese, avocado & candied citrus rind.
-Croissants or Omelette R96 -Scramble R89

Select your bread:

White, brown, health, rye

Pf signature breakfast

The most comforting comfort food

Croque Madame

Two slices lightly toasted bread filled with hickory ham, French mustard & emmental cheese topped with béchamel sauce - pan fried until bubbly & lightly browned, served with salad greens.

R78

♥Croque Lyon

Two slices sourdough bread lightly toasted in butter, filled with pulled chicken, orange marmalade, brie or emmental cheese with a béchamel sauce, baked until bubbly and lightly browned, served with salad greens.

R85

(v) Turkish inspired French toast

Two slices if white French toast, dusted with a lovely Turkish spiced sugar, served with an orange yogurt & a berry compote on the side.

R65

Signature French toast

Two slices of white French toast, grilled to perfection, served with crispy bacon and caramelized banana

R75



♥ (v)European hotcake stacks - Pure Indulgence!

Add: cream on the side R10

- Two hot cakes stacked with crispy bacon and caramelized banana, generously drizzled with syrup R78
- ✨ Two hotcakes stacked with milktart filling and a delicious caramelized apple compote R76

Toast it!

Bread options:White, brown, sourdough, rye

HIS & HERS open toasties

- (V) One slice of toasted bread topped with sliced avo, rocket, cherry tomatoes and cucumber AND one slice of toasted bread topped with hummus, grilled haloumi, fresh tomato and rocket R69
- One slice of toasted bread topped with orange marmalade and cheddar cheese grilled to perfection, garnished with orange marmalade AND one slice of toasted bread topped with smashed avocado, bacon bits and a soft poached egg. R68

♥A Blast from the past

Two slices of petits fours signature health bread topped with avocado, grilled bacon bits, cherry tomatoes, onions marmalade and chunky cottage cheese garnished with fresh greens and drizzled with a balsamic reduction.

R78

Breakfast the healthy way

(V)(S) PF hippy super food health kick - Jasper's choice

Oven toasted homemade muesli, raisins, chopped dates, cranberries, hemp seeds, chia seeds, honey, yogurt and fresh apples tossed together and garnished with pistachio nuts.

R75

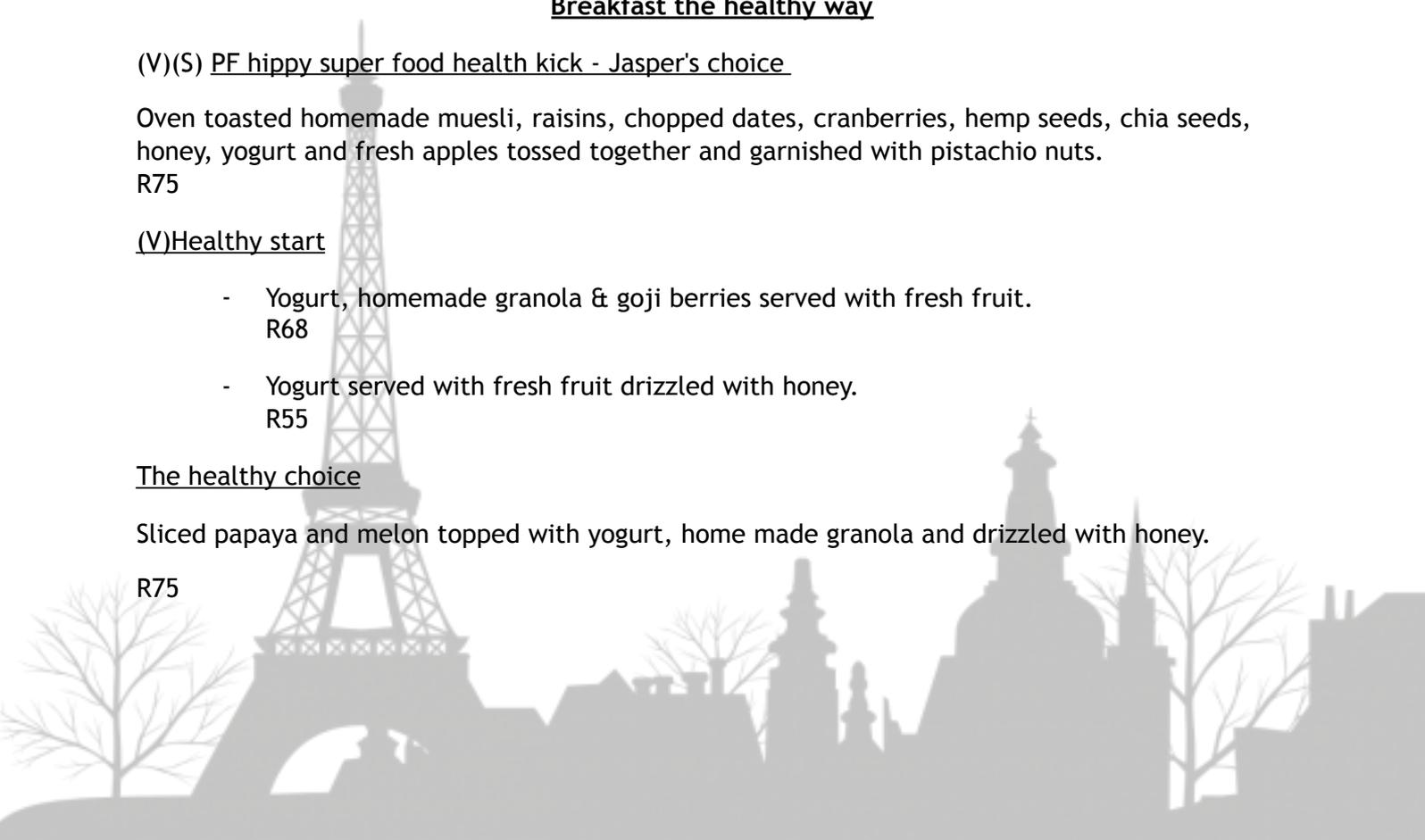
(V)Healthy start

- Yogurt, homemade granola & goji berries served with fresh fruit. R68
- Yogurt served with fresh fruit drizzled with honey. R55

The healthy choice

Sliced papaya and melon topped with yogurt, home made granola and drizzled with honey.

R75



Baked goods

Scones with preserves and cream. R45

Scones with preserves, cream and cheese R50

Muffin with preserves and cream R45

Muffin with preserves, cream and cheese R50

Croissant with preserves and cream R45

Croissants with preserves, cream and cheese R50

Extras

Avo R25

mushrooms R18

wilted baby spinach R18

Bacon R25

cherry tomatoes R18

smoked salmon R48

Pork bangers R30

cheddar R18

small fruit salad R25

Beef sausages R28

mozzarella R18

French fries R20

Toast R7

egg R8

cream R10

Tomato relish R15

Onion marmelade R15

halloumi R25

